



# FACTSHEET

## COMPANY PROFILE

### 1. Company

#### **Unique Mindcare**

*A division of iiCom Strategic*

1900 Saint James Place, Suite 800 (Galleria Area)

Houston, Texas 77056

uniquemindcare.com

O: 713.660.1100

F: 713.987.7735

Contact: Mark White, President: mark@uniquemindcare.com

### 2. Approach

At Unique Mindcare we can show you how to bring out the best in yourself and others so that everyone can live life to its fullest. Our approach is based on the idea that when you think better you feel better. We always begin by searching for the cause of any challenge in your life, whether it is emotional, physical or mental. At Unique Mind care we never guess, we test. After testing and consulting, we identify what the underlying cause of the situation is. Some of our programs can begin with private counseling, while others begin by restoring and retraining the resources in your brain and body that drive optimum performance and health in all areas of your life. Unique Mindcare doctors and trained clinicians have over 30 years experience in developing mind and body balancing programs. Our unique processes are designed to create positive outcomes without medication, so that you can feel your best at all times. At Unique Mindcare we treat a wide range of health, behavioral, and life issues. We specialize in all relationship issues, ADHD, addiction disorders, depression, anxiety, emotional trauma and all other mood disorders. Our personal rejuvenation programs help you and your family members manage everyday life on life's terms. For those clients that are on prescription medication and want to reduce your current dosage, we have the answer for you.

### 3. Principals

#### **Mark White, President**

Mark White's work is based on the belief that people want to be happy, effective and successful in their lives, and that they already possess within themselves every resource they require to achieve these goals. Mark believes that the broad array of services and counseling that Unique Mindcare (UMC) offers can help individuals effectively use their own resources to promote self-understanding and stable health. This understanding will then create the path to the lives they desire, and will eventually attain in the Unique Mindcare model. He believes the resources at unique Mindcare will support a quality of decision-making by his clients that will help them to overcome their problems.

#### **Nancy White, Ph.D, LPC, LMFT, AAC, BCN Fellow, QEEG-D, Clinical Director**

Dr. Nancy White is a pioneer and a recognized leader in the field of Applied Neuroscience. She is Board certified in Neurofeedback, a Diplomate in Quantitative EEG Technology, a member of the Quantitative EEG Certification Board and a Consulting Editor of the Journal of Neurotherapy. She is Past President of the International Society for Research and Neurofeedback and has served on that Association's Board in a number of other capacities. Dr. White has seen her research published in a number of peer-reviewed journals, including The Journal of Mind Technology, The Journal of Neurotherapy and the Journal of the American Academy of Anti-Aging Medicine (in press).



### **Dorothy Merritt, MD, Medical Counselor**

Doctor Dorothy Merritt has been practicing Internal Medicine in the Houston/Galveston area for over 24 years. She performed her specialty training at Baylor College of Medicine in Houston. Dr. Merritt is currently Board Certified in Internal Medicine and has previously been certified in Hospice and Palliative Care Medicine. She has trained extensively in heavy metal toxicity at the American College for Advancement in Medicine and completed comprehensive training in Environmental Medicine at Southwest College of Naturopathic Medicine with Walter Crinnion, ND.

## **4. Services**

### **Nexalin Advanced Therapy**

Unique Mindcare uses leading edge Nexalin technology to stimulate your brain so you can say good bye to anxiety, depression and insomnia. This therapy balances your brain naturally, without medication, by providing it with the necessary resources to help you get the most out of every day. The Nexalin experience is so soothing you enjoy it while relaxing in a big comfortable chair.

### **Neurotherapy**

Neurotherapy is our innovative, non-drug treatment using EEG Neurofeedback to create positive, lasting changes in adults and children. Neurofeedback therapy is a natural, non-invasive, medication-free process designed to improve brain function and propel peak performance. It is a proven form of brain exercise that enables you to retrain and rebalance your brain wave patterns. This rebalancing and restoration of resources in the brain will help to improve memory, relieve everyday stress and enhance energy levels. It trains your brain to be calm, alert, and flexible. It allows the brain to process information at a higher rate of coherence that will help patients cope with life struggles more effectively.

### **Energy Enhancement System**

Experience a program that can improve your well-being and accelerate your personal growth. Enter an environment that provides a therapeutic energy field which has been shown not only to help balance your body's functions, but to provide anti-aging effects, elevate mood and increase energy levels.

### **Brain Mapping**

Brain mapping attempts to relate the brain's structure to its function, or finding what parts give us certain abilities. Brain mapping also allows our staff to determine what areas of the brain are functioning in balance. In mapping a brain, our trained Doctors are able to compare functions of the subject brain to a normative data base of brains that are of the same gender and age. This will provide a detailed report or map of the functional aspects of the subject brain. Mapping enables us to see how all different areas of our brain connect and work together to help us think and process information. It enables us to see what parts of our brain functioning correctly in a variety of tasks that are administered during the test.

### **Functional Health Questionnaire or FAQ**

Unique Mindcare uses a very important tool in to investigate the systems of the body; it is called the "Functional Health Questionnaire" also known as the "FAQ". This online tool allows our patients to answer a detailed symptom questionnaire online before they see a member of the Unique Mindcare staff. The FAQ is a complete body systems review and analysis of body functions. This tool will begin to chart out our patients journey to stable long term health. After a patient finishes the test, the software will generate a report that will show the dysfunction levels of 15 different systems in the body. Our staff will then make testing recommendations based on the reports. The roadmap to recovery begins here; the testing will provide indications of the systems in the body that need support to achieve optimal health. After identifying these systems, our Doctors will develop additional protocols to correct the condition. We believe this approach to balancing the brain and the body will produce long term stability and full recovery of all challenging conditions.